

Kentucky Society of Medical Assistants

THE FORUM

Prepared by: Jill Ferrari (Sullivan University)

September 14, 2018

Happy Fall Everyone!



National Medical Assisting Day is October 17<sup>th</sup> this year which is included in the National Medical Assisting week of October 15-19, 2018. The recognition of what all Medical Assistants do each day for a patient is displayed by this week's honoring of the field. I am proud of each and every one of you for what you do each day to help patients! Make sure and do something special for yourself during this week – **you deserve it!**

#### **KSMA State Conference Follow-up**

State conference occurred this year April 13-15, 2018 in Paducah, KY. The theme of the conference was: TEAM – Together Everyone Achieves More

The Cindy Comley Scholarship was granted to the following 3 participants. Each has given a testimony related to their experience during the conference.

Judy Hensley CMA (AAMA) – “I just wanted to take this time to offer appreciation of such a great gift to attend the 2018 AAMA CMA Conference by receiving the Cindy Comley Scholarship. I attended everything and it was so informative with some fantastic speakers that included women's care, diabetes, and dietary balance with an array of other speakers. The medical industry is growing and changing all the time and it's great to have these changes brought forward to us in a classroom setting.”

Paula Medley CMA (AAMA) –“The conference was very informative with wonderful speakers. We learned about Diabetes, Privacy, and Eye Diseases. Dr. Davis spoke on obesity treatments which was very educational. My favorite topics were “Do’s and Don’ts of Written Communication”, “Generation Differences in the Medical Office” and “Professionalism and Medical Assistants”. There was a colorful presentation of what to wear and not to wear, which I enjoyed very much.”

Caren Novak CMA (AAMA) – “It was a great honor to be awarded the Cindy Comley Scholarship. I made the most of this award and I attended all educational speakers and earned all 15 CEU’s. The speakers were awesome, learned something new from each one. I participated in how to dress for the profession and had a great time dressing as how not to dress. A lot of pictures were taken by the way and I want those back! I gave it my all in helping set up, participated in making sure others were having fun and worked on the clean-up. I was given an opportunity to attend something important to me, so it was important to me to give back and return in helping the chapter in the conference.”

As you can see from the testimony’s from our winners, everyone was appreciative and honored to have received the grant/scholarship.

Please consider applying for this honorable scholarship for next year’s conference. Dates will be announced on the KSMA website in the future. Please see below.

## WEBSITE INFORMATION

Please check out the Kentucky Society of Medical Assistants website: [kentuckymedicalassistants.com](http://kentuckymedicalassistants.com)

This is the new location to find out what is going on and what is scheduled to happen in the future. Events, membership, chapter information, leadership and documents are a few of the tabs that can be selected for information. This is up and running with details related to our state organization. Once particular tab (The Forum Newsletter) is also available. This printing is being distributed by mail and also published on the website. For the spring 2019 publication, please go to this area on the website to get details included. The only items that will be mailed out to everyone is the registration form for the 2019 state conference. Please also continue to review the website because it will be indicating that soon online payments for events and conferences will be potentially an option. Stay tuned!

I wanted to give each of you a fall recipe that I feel is so wonderful to use in a crockpot! Isn’t it wonderful to come home from work and have dinner ready for you?

## CROCK POT WHITE CHICKEN CHILI

### Ingredients:

1 ¼ lbs boneless skinless chicken

2 (15 ounce) cans great northern beans or 2 (15 ounce) cans navy beans

1 (15 ounce) can hominy or 1 (15 ounce) can white corn

1 (1 ¼ ounce) envelope taco seasoning

1 (4 ½ ounce) can of chopped green chilies

1 (10 ¾ ounce) can condensed cream of chicken soup

1 (14 ounce) can chicken broth

### Toppings:

½ cup sour cream

½ cup chopped green onion (optional)

½ cup Monterey jack cheese (optional)

### Directions:

Place chicken in a 4 quart slow cooker. Top with beans and corn. In a medium bowl, combine taco seasoning, chiles, condensed soup, and chicken broth. Pour over top of ingredients in the crock pot. Cover and cook on low for 8 – 10 hours. Before serving, stir gently to break up chicken, then stir in the sour cream. Serve topped with green onions and jack cheese, if desired.